

YEOVIL

TOWN ROAD RUNNING CLUB

present **Ash Primary School's**

'ASH EXCELLENT EIGHT'

A challenging eight mile multi-terrain race (min age 17) + Fun Runs etc.

Sunday 4th September 2016 11.00am



Somerset Series



Race 15

This the 20th year of this approximately eight mile multi-terrain race with country lanes, rough tracks, stiles, fields, hills and breath taking country views. ARC Race Licence No ARC – Run under ARC rules

Also: 'Fearsome Five Mile' (min age 15), Junior Race (11 - 16 years) and Fun Run (all ages)

Start/finish: Ash Primary School, Ash, nr. Martock, South Somerset, TA12 6NS [close to A303]

[Toilets and changing – sorry no showers]

Entry Fees: £10.00 ARC or EA Affiliated / £12.00 Unaffiliated + £2.00 extra on the day

Fearsome 5 £8.00 ARC or EA Affiliated / £10.00 Unaffiliated + £2.00 extra on the day

3K Junior race - £4.00; 2K Village Run £3.00 all entrants; **Cheques payable to Ash Primary School**

Entries to: Race Secretary, 27 Grove Avenue, Yeovil. BA20 2BD

Further info - 01935 475697 (Home), M: 07887 944823 **Race numbers on the day**

BBQ, Cakes, Refreshments – a great family event!

All money raised will be for the benefit of the pupils of Ash Primary School

Further information can be found on the Ash Excellent Eight website: www.ashexcellenteight.com

I would like to enter the **ASH EXCELLENT 8**.....

I would like to enter the **3K Junior Race**.....

I would like to enter the **FEARSOME 5 MILE**.....

I would like to enter the **2K Village Fun Run**.....

First Name:

Surname:

Address:

Postcode:

Home Tel:

Mobile:

Email:

Date of Birth:

Age on 4/09/2016:

Sex Male/Female:

Club Name:

Affiliated / Non-Affiliated:

UKA registration number:

I declare that I am an amateur as defined by UK Athletics laws and will be (minimum age) on the race day. I certify that I am medically fit to run and the organisers will not be held responsible for any injury or loss to my person as a result of the event or for any property lost or damaged in the vicinity of the course the car park or the changing area. I give consent for YTRRC to use the information provided only for relevant running club purposes.

Signature:

Date:
(to be signed by parent/guardian if under 16)

FEE PAID:

RACE NUMBER: