

YEOVIL

TOWN ROAD RUNNING CLUB

present **Ash Primary School's**

'ASH EXCELLENT EIGHT'

A challenging eight mile multi-terrain race (min age 17) + Fun Runs etc.

Somerset Series 2019 Race 18

Cornwall
Glass 1978

Sunday 8th September 2019 11.00am

This is the 23rd year of this approximately eight mile multi-terrain race with country lanes, rough tracks, stiles, fields, hills and breath-taking country views. Run under ARC rules - ARC Race Licence No ARC

Also: 'Fearsome Five Mile' (min age 15), Junior Race (11 - 16 years) and Fun Run (all ages)

Start/finish: Ash Primary School, Ash, nr. Martock, South Somerset, TA12 6NS [close to A303]

[Toilets and changing – sorry no showers]

Entry Fees: £12.00 ARC or EA Affiliated / £14.00 Unaffiliated + £2.00 extra on the day

Fearsome 5: £10.00 ARC or EA Affiliated / £12.00 Unaffiliated + £2.00 extra on the day

3K Junior race - £5.00; 2K Fun Run £3.00; £1.00 extra on the day. Cheques payable to Ash Primary School

Entries through Fullonsport or to: Race Secretary, 27 Grove Avenue, Yeovil. BA20 2BD

Further info - 01935 475697 (Home), M: 07887 944823 Race numbers on the day

BBQ, Cakes, Refreshments – a great family event!

All money raised will be for the benefit of the pupils of Ash Primary School

Further information can be found on the Ash Excellent Eight website: www.ashexcellenteight.com

I would like to enter the **ASH EXCELLENT 8**.....

I would like to enter the **3K Junior Race**.....

I would like to enter the **FEARSOME 5 MILE**.....

I would like to enter the **2K Village Fun Run**.....

First Name:

Surname:

Address:

Postcode:

Home Tel:

Mobile:

Email [in capitals]:

Date of Birth:

Age on 08/09/2019

:

Sex Male/Female:

Club Name:

Affiliated / Non-Affiliated:

UKA registration number:

I certify that I am medically fit to run and the organisers will not be held responsible for any injury or loss to my person as a result of the event or for any property lost or damaged in the vicinity of the course the car park or the changing area. "You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times and age category."

Signature:
(to be signed by parent/guardian if under 16)

Date:

FEE PAID:

RACE NUMBER: