

- Location: St John's Ambulance, St John's House, Memorial Road, Houndstone Business Park, Yeovil BA22 8WA
- Date: 2nd January 2019

Time: 18:30

Attendees: Malcolm Maxted, Steve Warren, Phil MacQuaid, Denise Byrd, Mel Dodge, Anita Rufus, June Moule, Graham Still, Lynne Thumpston, Lesley Nesbitt, Adam Hawkins, Guy Williams

Agenda items

- 1. Apologies for absence Catherine Thompson, Lindsay Saunders, Simon Rowbottom
- 2. Minutes of last meeting

These were accepted as a true and accurate record. However, there was an omission regarding the names of the qualified Run Leaders and Gary Stickley was missed off. This was corrected.

3. Officer's reports:

<u>Chairman: Malcolm Maxted</u>

The Chairman informed the Committee that Fred Fox, who was a member of the Club for many years, died in St Margaret's Hospice on 20th December. His funeral was held on 28th December and was well attended by members of YTRRC.

Fred and Sue regularly changed running clubs and those who do not recall his time at Yeovil will probably have met them at the Park runs. They were always the first to arrive and the last to leave.

Phil has spoken to Sue who is happy for the Club to add Fred's name to the memorial plaque on Ham Hill and naturally we will invite her to join us on our "memorial run", which is usually in July.

A minute's silence was held in remembrance of Fred.

The Chairman reported that Pete Jakeman remains very poorly in West Abbey Nursing Home and thanked all Club members who have visited him.

1. The Chairman wished everyone a Happy New Year and congratulated the members on the excellent turnout for the Chard Flyer and the first winter park run at the new venue at Goldenstones. LN reported that the new venue worked well but there was a shortage of toilets.

The usual Saturday park runs will continue at Goldenstones until March or April when they will return to Montacute.

- 2. The Chairman thanked Graham Still for organizing the 50/100 mile challenge over Christmas, which was a great success.
- 3. He also thanked Bryn Phillips for organizing the cheque presentations from the Yeovil Marathon and successfully getting the articles and photographs into the Western Gazette.
- 4. The Chairman had located the original Run Leaders Guide, which was written by Matt Driver. This was an excellent document but requires some updating and amendments. He has had preliminary discussions with Matt about taking over this project with a view to having the final copy printed on the Club website.
- 5. The Chairman thanked Lindsay Saunders and all those that helped her with the Santa Dash. He encouraged people to attend the cheque presentation when it takes place.
- Secretary/Data Officer: Catherine Thompson (absent)
- Treasurer: Simon Rowbottom (absent)
- Membership Secretary: Adam Hawkins

Nothing to report.

Championship Secretary: Lesley Nesbitt

Nothing to report.

Webmaster: Guy Williams

Guy was about to undertake a "cleansing" of the Club's closed Facebook page and wondered whether certain non-club members should be allowed access. Following a discussion, it was decided that the website should be restricted to only Club members who have been approved by the vetting committee of Adam Hawkins, Lesley Nesbitt, Guy Williams and Catherine Thompson.

4. Club Diary: Phil MacQuaid

| Pub Runs (| (every | Thursday) |
|------------|--------|-----------|
|------------|--------|-----------|

| 3 rd Jan | Manor Hotel, Yeovil | Ali Griffiths |
|---------------------|---------------------|---------------|
|---------------------|---------------------|---------------|

- 10th Jan Brewers Arms, South Petherton Gareth Tomas
- 17th Jan Venue yet to be arranged
- 24th Jan Nag's Head, Martock
- 31st Jan Lamb and Lark, Limington
- 7th Feb King William IV, Curry Rivel

Please check with Phil that there have been no alterations in venue closer to the dates of the runs.

5. Race reports

• Santa Dash 9th December LS:

This was a great success with over 200 runners for the first time. The race next year will be on 8th December. Lindsay will let us know the date for the cheque presentation.

• Easter Bunny 10k 22nd April GW:/Yeovilton 5k SW

Guy reported 60 entries to date. Nick Brooke has agreed to be race referee.

Ines Braun, in her race reports, has indicated that she would like both the Easter Bunny and the Yeovilton 5k to start off the road i.e. possibly on the running track. Minor alterations to the start and finish areas can take place without official remeasuring of the course. The course should be remeasured every ten years. Guy and Steve Warren will look into the possible alterations to the start and finish areas and if alterations are agreed they may take the opportunity to officially remeasure the course.

Town Tree Trail 15th May AH:

The cheque presentation for £1000 for last year's race has taken place but so far has not made the local press.

6. Matters Arising

Draft Role Descriptions

The Chairman proposed that all draft descriptions and any other relevant material should be forwarded to him as soon as possible so that they can be finalized by a small sub-committee who will hopefully, have them on the website by early April. This was agreed.

A discussion took place concerning the future role of the Club captain and it was agreed that there should be a single Club Captain who could be male or female, who would help Phil with new members on Club nights and co-ordinate relay teams and Club teams for the few events that still have them.

Election of Club Positions at the AGM

The Chairman thanked Anita Rufus for raising this issue. He had discussed it with Steve Warren and proposed the following.

All Committee members remain in post until the AGM (as there is still Club work to be done including organizing the meeting).

In early April a list of Committee posts will be put on the website together with the name of the present holder and whether he/she intends to stand down or is available for re-election. There will also be a place for new applicants to add their names to any post that they are interested in together with the names of their proposer and seconder.

New applicants would be expected to attend the AGM but those who are currently in post and are happy to continue will be considered even if they cannot attend the meeting.

The exact wording and composition of the form for the website will be decided by the subcommittee. This was agreed.

7. Focus group report: Anita Rufus

No meeting took place this month and there was nothing to report.

8. <u>A.O.B.</u>

London Ballot

The Chairman reported that following this year's ballot a suggestion was made that the criteria for entry should be changed. At present one of the conditions of entry is that you have not run the London Marathon for the previous two years irrespective of method of entry. Many clubs only allow people to enter the club ballot if they have never run the London Marathon before. After a discussion the consensus was that nobody can enter the ballot if they have been successful in obtaining a club ballot place in the past.

AR proposed that all applicants should have volunteered to help on three occasions at Club races, which had taken place in the year of the ballot from 1st April to the last Yeovilton 5k of that year. This was agreed but some concern was expressed about the recording of the volunteering.

It was also suggested that it would be helpful if all people entering the main ballot for the London Marathon would inform the Club Chairman or possibly the Club Captain when they enter so that they can be monitored when the allocation of places occurs.

Primary School Cross Country AH

The next primary school cross country event will be held at the Showground on 6th <u>February</u> and any help would be appreciated.

Leadership in Running Fitness Course 2nd February

Last year seven members of the Club took part in this this and more Club members are encouraged to become Run Leaders. The course fee is £140, which applicants must pay initially and then reclaim the fee by presenting a receipt for the money with a successful application email from the organisers to the Club Chairman who will pass it on to the Treasurer for reimbursement.

<u>Coach in Running Fitness Course</u>

This is the next stage up from the Run Leaders course and Nathan is keen that one or two Club members apply for this course to support him in the training that he undertakes for the Club.

The course starts on 9th February for two days with a further session on 16th March and a final assessment on 1st June. This is a more complex course. Anyone deciding to go ahead will have their course fee paid by the Club. Two members showed interest and plan to discuss it further with Nathan.

• Shared track sessions

Darren Halford approached one of our track team asking if he could share the track on a Friday night for his Couch to 5k group. Major concerns were raised about track safety with two groups using the track. It was decided that more discussion was required with Darren before matters were taken any further.

• Bristol Half Marathon AR

AR informed the Committee that the Bristol Half Marathon would be on 15th September. She also pointed out that all second claim members of the Club should confirm that they are EA registered by their first claim club when they renew their membership.

• St John's Ambulance

Phil reported that he had contacted St John's Ambulance about medical cover for the Club's 2019 events Costs have been agreed, which are only slightly up on last year.

Next Meeting:

- Location: St John's Ambulance, St John's House, Memorial Road, Houndstone Business Park, Yeovil BA22 8WA
- Date: 6th February 2019
- Time: 18:30