

YEOVIL TOWN ROAD RUNNING CLUB

Championship Rules – 1st December 2022 – 31st October 2023

Award Categories:

Men's Champions; Ladies' Champions; Points King; Points Queen; Slam Hat Winners

General Rules

The Yeovil Town Road Running Club (the club or Yeovil Town RRC) 2022-2023 **Championship** will run from 1st December 2022 to 31st October 2023 (the Racing Year) with final presentations and awards presented at the club Annual Awards Dinner evening.

Membership subscriptions are due on the 1st April each year. Members who have not renewed their subscriptions by the 30th June will not be registered and eligible to continue to compete in the Club Championship standings for that year.

Therefore, only paid up members of Yeovil Town RRC shall be eligible to take part within the Club Awards.

Championship Points or Awards will not be given to competitors not racing in the designated Yeovil Town RRC colours. (However, the discretion of the club Championship Secretary will be given to new members who maybe awaiting new kit).

Second claim Yeovil Town RRC members are very welcome and encouraged to compete within all Award Categories but must be race registered as Yeovil Town RRC; and race in Yeovil Town RRC colours. If they compete under the banner of any other club their result in that event will not be valid.

Please ensure you enter all races under the name of Yeovil Town RRC (as registered with England Athletics).

The Scoring

The Championship Calendar (see attached) consists of races of pre-determined running events over the Racing Year, 1st December 2022 to 31st October 2023, inclusive. These races consist of a variety of distances and terrains.

Scores for the pre-determined races are calculated based on the first Yeovil Town RRC Man and Yeovil Town RRC Lady past the post being awarded 50 points, the second Yeovil Town RRC Man and Yeovil Town RRC Lady being awarded 49 points, and so on until the 50th Yeovil Town RRC Man and Yeovil Town RRC Lady who are awarded 1 point.

The Male and Female Club Champion will be determined by taking their highest 10 scores and in the case of a tie the competitor who has taken part in the most races will be The Champion.

Please note that additional events may be added; equally an event may be taken out. This is unlikely to happen and will only be due to unforeseen circumstances. One instance of a change is if, when the dates of the races are published, we have a date clash.

Any challenges regarding an error/omission in the results or the non-wearing of club colours **MUST be made to the Championship Secretary (club-championship@yeoviltownrrc.com) **within 14 days** of the results being published. Failure to do so will result in the Championship Table showing the results as published.**

It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their best timed relevant parkrun races from Nos 20 to 23 in the table at the end of this document **by 3rd November 2023. We will **NOT** be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant parkrun will receive 50, second 49 and so on.**

Points King and Points Queen

Man and Lady will be determined by totalling the scores from **all** the races over the racing year. In the event of a tie, the competitors will share the trophy over the year. In the case of Points King/Queen being the same as the Club Champion, the trophy will be awarded to the competitor in 2nd place.

As with the Club Champion, any challenges regarding an error/omission in the results or the non-wearing of club colours **MUST** be made to the Championship Secretary (club-championship@yeoviltownrrc.com) within 14 days of the results being published. Failure to do so will result in the Championship Table showing the results as published.

It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their fastest timed parkruns from Nos 20 to 23 in the table at the end of this document by **3rd November 2023**. We will NOT be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant distance will receive 50, second 49 and so on.

It is the sole responsibility of the competitor to inform the Championship Secretary (club-championship@yeoviltownrrc.com) of earning any of the above points. So, don't miss out on points by not letting me know!

Slam Hats

The club continues to recognise individual club member's achievements by awarding Slam Hats. The qualifying race period is 1st December 2022 to the 19th November 2023 (this will enable any late entrants to complete a 10 mile race at Wimborne on 19th November 2023). **In all cases it is the responsibility of the individual to claim their Hat by notifying the Championship Secretary of the events they have completed by 31st October 2023.** Qualifying Events may be anywhere in the world but must be an official race and appear on the official published results over a verified distance, the Race Name being the decider, eg 'Ash Fearsome 5' qualifies as a 5-mile race (even if the distance is very slightly longer or shorter).

Micro Slam Hat

2 x 5km; 5 mile; 2 x 10km;

Mini Slam Hat

5km; 5 mile; 10km; 10 mile; Half Marathon (or advertised as such)

Grand Slam Hat

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such)

Super Slam Hat

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such);
Ultra Marathon 31 miles (50Km) plus.

- **Please note, your help is always required before, during and after the six Yeovilton 5k race series. Please check with the Chief Marshal on the night that there are enough marshals to enable you to run.**

2023 Championship Races

	Race	Distance	Road/ Trail	Date of Race
1	Chard Flyer	10k	R	1st January
2	Street 5k	5k	R	8th February
3	Babcary	7.6 mile	R	February
4	Weston-super-Mare Prom	5 mile	R	16th March
5	Yeovil Half Marathon	13.1 mile	R	26th March
6	Butleigh	10k	MT	March/April
7	Combe St Nicholas	10k	R	May
8	Town Tree Trail	10k	MT	May
9	Crewkerne	10k	R	June
10	Martock	10k	R	June
11	Charmouth Challenge	8 mile	MT	2nd July
12	Haselbury Trail	10k	MT	August
13	Battle of Sedgemoor	10k	R	27th August
14	Baltonsborough	5 mile	R	28th August
15	Mells Scenic 7	7 mile	MT	Sept
16	Burnham-on-Sea half marathon	13.1 mile	R	October
17	Gold Hill	10k	R	October
18	Weymouth	10 mile	R	October
19	Herepath half	13.1 mile	MT	October
20	Frogmary parkrun	5k	MT	Best timed 01/12/22-31/10/23
21	Dorchester parkrun	5k	R	Best timed 01/12/22-31/10/23
22	Henstridge parkrun	5k	MT	Best timed 01/12/22-31/10/23
23	Street parkrun	5k	MT	Best timed 01/12/22-31/10/23
	For 2023-2024 we will be including the Full Monty. Look out for when the entries open as it sells out very quickly	10 mile	T	December 2023

This is as complete a list as we can compile at the moment and we will publish the dates as soon as they are confirmed. It may well be that we have to adjust, having to take races out and adding new. This will be done with as much as notice as possible.

It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their fastest timed race from Nos 20 to 23 above by **3rd November 2023**. We will NOT be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant distance will receive 50, second 49 and so on. The half/full marathon races may be advertised as such, but the actual distance may be shorter or longer. If this is the case with the race you choose for your qualifying race it will be accepted.