

# YEOVIL TOWN ROAD RUNNING CLUB

## Championship Rules – 1st December 2018 – 31st October 2019

### Award Categories:

Men's Champion; Ladies' Champion; Points King; Points Queen; Slam Hat Winners

### General Rules

The Yeovil Town Road Running Club (the club or Yeovil Town RRC) 2018-2019 Championship will run from 1st December 2018 to 31st October 2019 (the Racing Year) with final presentations and awards presented at the club Annual Awards Dinner evening.

Membership subscriptions are due on the 1st April each year. Members who have not renewed their subscriptions by the 30th June will not be registered and eligible to continue to compete in the Club Championship standings for that year.

Therefore, only paid up members of Yeovil Town RRC shall be eligible to take part within the Club Awards.

**Championship Points or Awards will not be given to competitors not racing in the designated Yeovil Town RRC colours.** (However, the discretion of the club Championship Secretary will be given to new members who maybe awaiting new kit).

Second claim Yeovil Town RRC members are very welcome and encouraged to compete within all Award Categories but must be race registered as Yeovil Town RRC; and race in Yeovil Town RRC colours. If they compete under the banner of any other club their result in that event will not be valid.

Please ensure you enter all races under the name of Yeovil Town RRC (as registered with England Athletics).

### The Scoring

The Championship Calendar (see attached) consists of races of pre-determined running events over the Racing Year, 1st December 2018 to 31st October 2019, inclusive. These races consist of a variety of distances and terrains.

Scores for the pre-determined races are calculated based on the first Yeovil Town RRC Man and Yeovil Town RRC Lady past the post being awarded 50 points, the second Yeovil Town RRC Man and Yeovil Town RRC Lady being awarded 49 points, and so on until the 50th Yeovil Town RRC Man and Yeovil Town RRC Lady who are awarded 1 point.

Please note that additional events may be added; equally an event may be taken out. This is unlikely to happen and will only be due to unforeseen circumstances. One instance of a change is if, when the dates of the races are published, we have a date clash.

### The Club Champions – Gold, Silver & Bronze

Male and Female Champions will be determined by calculating their highest **ten** scoring races from the total available (including the best timed Yeovilton/Street 5k; any half marathon and any marathon). There will be awards for the top three winners, ie Gold, Silver and Bronze. If two runners have the same number of points, the order will be determined by the runner with the greatest number of first places, or if they have the same number the greatest number of second places etc. (24 available races).

**Any challenges regarding an error/omission in the results or the non-wearing of club colours MUST be made to the Championship Secretary (club-championship@yeoviltownrrc.com) within 14 days of the results being published. Failure to do so will result in the Championship Table showing the results as published.**

**It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their fastest timed race from Nos 22 to 24 in the table at the end of this document by 3rd November 2019. We will NOT be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant distance will receive 50, second 49 and so on.**

## **Points King and Points Queen**

Man and Lady will be determined by totalling the scores from **all** the races over the racing year. Bonus Points (see below) gained over the season will be added to provide a grand total, with the highest points tally winning. In the event of a tie, the competitors will share the trophy over the year. In the case of Points King/Queen being the same as the Club Champion **Gold**, the trophy will be awarded to the competitor in 2nd place.

As with the Club Champion, any challenges regarding an error/omission in the results or the non-wearing of club colours **MUST** be made to the Championship Secretary (club-championship@yeoviltownrrc.com) within 14 days of the results being published. Failure to do so will result in the Championship Table showing the results as published.

It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their fastest timed race from Nos 22 to 24 in the table at the end of this document by **3rd November 2019**. We will NOT be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant distance will receive 50, second 49 and so on.

## **Bonus Points**

Bonus Points will be awarded for the following:

- (1) 25 points for representing the club in a relay race. This would be unlimited, so people can do Parrett and Wessex but maybe organise their own teams at other races (eg White Star 12-hour events). If you enter as a team name other than Yeovil Town RRC, please inform the Championship Secretary of your team name;
- (2) 25 points for helper/marshal up to a **maximum** of 6 marshalling duties (ie maximum of 150 points);
- (3) 50 points for taking on the role of Race Director;
- (4) 25 points for taking on the role of run leader on a Tuesday, Saturday or Sunday club run up to a **maximum** of 6 club runs (ie maximum of 150 points);
- (5) 25 points for organising **one** pub run. You are welcome to organise more than one pub run but will only get points for one, ie maximum of 25 points.

It is the sole responsibility of the competitor to inform the Championship Secretary (club-championship@yeoviltownrrc.com) **within two weeks** of earning any of the above points. So, don't miss out on points by not letting me know!

## **Slam Hats**

The club continues to recognise individual club member's achievements by awarding Slam Hats. The qualifying race period is 1st December 2018 to the 17th November 2019 (this will enable any late entrants to complete a 10 mile race at Wimborne on 17th November 2019). **In all cases it is the responsibility of the individual to claim their Hat by notifying the Championship Secretary of the events they have completed by 3rd November 2018.** Qualifying Events may be anywhere in the world but must be an official race and appear on the official published results over a verified distance, the Race Name being the decider, eg 'Ash Fearsome 5' qualifies as a 5-mile race (even if the distance is very slightly longer or shorter).

### **Mini Slam Hat**

5km; 5 mile; 10km; 10 mile; Half Marathon (or advertised as such)

### **Grand Slam Hat**

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such)

### **Super Slam Hat**

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such); Ultra Marathon 31 miles (50Km) plus.

- **Please note, your help is always required before, during and after the six Yeovilton 5k race series. Please check with the Chief Marshal on the night that there are enough marshals to enable you to run.**

## 2018-2019 Championship Races

	Race	Distance	Road/ Trail	Date of Race
1	<a href="#">Sherborne Sweater Run</a>	5k	R	2nd December 2018
2	<a href="#">Full Monty</a>	10 mile	MT	2nd December 2018
3	<a href="#">Chard Flyer</a>	10k	MT	1st January 2019
4	<a href="#">Ninesprings by Night</a>	10k	MT	5th January
5	<a href="#">Lytchett</a>	10 mile	R	10th February
6	<a href="#">Babcary</a>	7.5 mile	R	24th February
7	<a href="#">Combe St Nicholas</a>	10k	R	3rd March - ??
8	<a href="#">Penselwood</a>	10k	R	7th April - ??
9	<a href="#">Marnhull</a>	12k	R	14th April
10	<a href="#">Town Tree Trail</a>	10k	MT	15th May
11	<a href="#">Wells</a>	10k	R	26th May
12	<a href="#">Crewkerne</a>	10k	R	2nd June
13	<a href="#">Martock</a>	10k	R	16th June
14	<a href="#">Charmouth</a>	8 mile	MT	6th July
15	<a href="#">Buckland Bolt</a>	10k	R	21st July - ??
16	<a href="#">Haselbury Trail</a>	10k	MT	7th August
17	<a href="#">Baltonsborough</a>	5 mile	R	26th August
18	<a href="#">Ash Excellent Eight</a>	8 mile	MT	8th September
19	<a href="#">Shepton Beauchamp</a> **	10k	MT	TBC
20	<a href="#">Gold Hill</a>	10k	R	13th October
21	<a href="#">The Stickler</a>	10 mile	MT	27th October
22	Any half marathon	13.1 mile		From 1st Dec 2018 to 31st October 2019
23	Any marathon	26.2 mile		From 1st Dec 2018 to 31st October 2019
24	Any Yeovilton/Street	5k		From 1st Dec 2018 to 31st October 2019

Some of the dates are TBC and will be confirmed as and when they are published by the organising Clubs. If, when the dates are published, there is a date clash we will amend this list to avoid this.

It is the responsibility of the competitor to let the Championship Secretary (club-championship@yeoviltownrrc.com) know the details of their fastest timed race from Nos 22 to 24 above by **3rd November 2018**. We will NOT be trawling through results!! The points will be awarded as all the other races, ie the fastest timed Yeovil Town RRC male and female member over the relevant distance will receive 50, second 49 and so on. The half/full marathon races may be advertised as such, but the actual distance may be shorter or longer. If this is the case with the race you choose for your qualifying race it will be accepted.