

Committee meeting 03/03/2010

Present: NB MC PM FF MD SB

Apologies: TH

Pre-Meeting – Ninesprings 9km / Go Yeovil!

Mike and Karen Shead

Mike confirms that his family are still keen to be involved in the Ninesprings race and still willing to donate / provide the trophies & provide marshals on the day.

Mike will pay for the trophies for 9km and 2km – any trophies for the 4.5km corporate challenge will come from the Go Yeovil pot.

Annie will check with Go Yeovil! about sponsoring numbers by D&M Shead

Start of the 9km is being brought forward to **10.30am** so that 4.5km can start at 12pm
Annie will prepare draft Entry forms.

Pre-Meeting 2 – Sport Relief Mile

Dave Blackwell and Simon

Sunday 21st March – 11am for Mile. Agreeing having a separate race

Will be 1 wave of runners for the Mile (250 entered thus far) – Dave doesn't have break down of how many of these are doing the 3 or 6 miles (Dave will try to get this information from Sport Relief before the day).

Lap is from the big trees, down past the track and then left past the Crazy golf, before heading up the side to the road, back down to the track – last lap will take in the Track.

Course will need to be laid on the morning – Dave will be there from 7am.

Information point – rather than Registration (on day entrants will make a donation - but are not entitled to goody bag at the end).

There are going to be various stalls (face painting, circus skills) at the Rec during the event.

Marshals - we'll need to put course up on morning and supply marshals (8 – 10 needed) – with possibility of having the Club tent (a la Country fayre) with details of Club activities. There are volunteers from Bucklers Mead coming along to hand out goody bags.

Goody bags – possibility of putting together a standard entry form with details of Club races and inserting this into the Goody bag (Dave checking whether bags will be sealed).

MC – what happened to the old Race Clock – could we use this on the 21st March (no timings on the races).

Meeting Agenda

Race affiliation – individual not simply Club – several entrants for Sherborne have not put correct

Club Runs

Tuesday Runs

23/3 DO BLUE RUN – Wear Blue & make a donation on the night; Club will match the donation. Fancy dress – prize for best! Invite Wells and Doodlers – their Club colours!!

30/3 Summer Route 1 – Matt Driver and Nick Brooke

6/4 Summer Route 2 – Nigel Neal and Martin Chaffey

13/4 Goldenstones – Matt Driver and Martin Chaffey

(Yeovil are playing Millwall – would it be safer to run from even further away!)

20/4 Summer Route 3 – Nick Brooke and Pete Jakeman

27/4 Summer Route 4 – Nick Brooke and Matt Driver

Continuous runs – we will do a test run of these in the first couple of summer weeks, but generally run leaders have more cope for “creative” routes when it’s lighter and getting runners lost in the dark isn’t an issue!

The Committee have an issue with finding run leaders – do we have any volunteers who would be willing to lead a group on Club nights?

Pub Runs

18th March – Royal George, West Coker - Lisa Gunning

25th March – Half Moon - Jon Rowe

1st April – Royal Oak, Hardington – Nigel Moysey

8th April – Hunter’s Lodge, Bourton (off A303) – Nick Brooke

15th April – Queens Arms, Milborne Port – Matt Driver

22nd April – Preston Hotel – Martin Chaffey

29th April – Red Lion, Marston Magna – Fred Fox

Speed Training

Will continue to meet at the Track each Friday – 6.30pm – but sessions will vary as the evenings lighten.

Hash Runs

Sunday 28th March – Ham Hill – Mixy

(Matt Driver noticed playing cards during course of meeting – no Patience, some people!)

We decide not to have a barrel of beer from Yeovil Ales but rather a more usual beer stop.

25th April – Hash run – volunteer hares required.

AGM – Tuesday 18th May, to be held at the Football Club post-run

Club Races

Details are being sent out by e-mail only – difficult if can't read e-mail addresses, or come bouncing back.

Offer option of sending sae for details / print e-mail clearly

We discuss next year having a choice of Online entry options – RW and Run Britain

Inca Trail

Thought is that everyone said in the showers afterwards that they enjoyed it – perhaps need to be marketed better next year.

Sherborne Castles

119 entries in thus far. Only 2 for the 2km

Fun runs for both the Easter Bunny and Castles are to be £3

Survey volunteers to be e-mailed to take them up on the their offers

Rotarians will be attending to marshal and deal with car parking.

Easter Bunny

Eggs have been ordered – Deb Hurrell still happy to do refreshments/ will need to order refreshments.

Someone needs to learn how to load up the Results on to the website – Fred will be away over Easter

Members Survey Results

Sian is going to produce

Only 55 members responded to the Survey (out of 200 members) – is this because the form was too complicated? We will look to have a simpler, more specific Questionnaire in next edition.

Points arising –

Club runs start time – advertise meet at 6.30pm for briefing to run at 6.40pm? Time needed for Run leaders to give the pre-run briefing.

Coaching within the Club and Training schedules on websites – there are plenty of good training schedules on sites such as Runner’s World without needing this on the Club site. However there is training available on Friday night structured sessions.

Any volunteers willing to go on coaching sessions?

We have a number of volunteers for Running buddies and then others who want buddies –

Suggestion of other clubs who nominate buddies as new members when they join the Club – MC to e-mail those on both lists; MD including piece in Newsletter –

Volunteers for mentors for new members/ Club’s own Cilla! Annie is willing to be a point of contact for this.

Variety of websites – any volunteers for helping updating race and Club details? (Fred and Phil both offer – but we’ll see if anyone else also comes forward.

Toilet

Phil has spoken with Clive at the Football Club, who are still OK with us siting a toilet there; Brian Kemp is sourcing toilet.

Kit

Matt has priced up Club hoodies – will be £15/head

Logo

We have reached a decision on the question of a logo – and decide that actually (having considered kit already in circulation and that being ordered, letter headings) the Club is better served by simply stating “Yeovil Town Road Running Club” than by any logo.

We have therefore decided not to proceed with the question of Logo.

Treasurer’s Report

Inca Trail

Donation will be £613.74

Garage

A draft Lease has been received from the Council for hiring a garage at the Athletics track for £325 /year for the storage of Race kit – we need to arrange a site visit with Rachel Holmes (perhaps do this at the Sport Relief event on 21st March?)

We need to check the state of the garage and consider matters such as security / locks (Lease will need to consider access to the garage, and whose names this would be in)

AOB

Phil and Pete have discussed the idea of having permanent display boards that could then be taken around and put in various locations – Doctors’ surgeries, Yeovilton, gyms – plus a board that could be taken to Club nights with details of the night’s run and Committee details.

Cost of boards would be approx £300 – agreed by Committee.

Marathon Discussion session

Matt suggests something like Adrian Marriott’s marathon masterclass – but instead having a “brains trust” of Club members as a panel to discuss marathon experiences, training tips.

Enthusiastically received – **Friday 9th April** set as date.

Possibility of having a separate sessions to talk about racing generally / beginning running?

Next meeting – Wednesday 31st March, Great Western