

## Summer 5km Series April to September

### Summer 5km Series Race 4

Wednesday 8 July 2009. 7:15 pm

#### Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
1	0:16:02	JAMES, Jon	Wells City Harriers	Male Veteran 40	03:12.4	775	1
2	0:16:24	HAWKINS, Tim	Yeovil Town Road Running Club	Senior Male	03:16.8	801	2
3	0:16:25	DENNE, James	Honiton Running Club	Senior Male	03:17.0	816	3
4	0:16:35	STOTT, Ian	City of Salisbury AC	Male Veteran 40	03:19.0	531	4
5	0:16:48	ROSE, Paul	Yeovil Town Road Running Club	Male Veteran 40	03:21.6	561	5
6	0:16:55	BLOODWORTH, Tom	Taunton AC	Senior Male	03:23.0	746	6
7	0:17:07	WITHERS, Ian	Cardiff AC	Senior Male	03:25.4	811	7
8	0:17:18	BOWERMAN, Laura	New Mexico	Senior Female	03:27.6	810	8
9	0:17:19	CAMPBELL, Amy	Southampton City AC	Senior Female	03:27.8	748	9
10	0:17:20	SEWARD, Gordon	Exeter Harriers	Male Veteran 50	03:28.0	511	10
11	0:17:26	LEGG, Tim	Honiton Running Club	Male Veteran 40	03:29.2	777	11
12	0:17:28	REED, Luke	Axe Valley Runners	Senior Male	03:29.6	644	12
13	0:17:39	ABRAMS, Alexander	Running Forever RC	Senior Male	03:31.8	784	13
14	0:17:43	CHARTERS, Brian	Exeter Harriers	Male Veteran 40	03:32.6	508	14
15	0:17:46	REED, Emma	Bristol & West AC	Senior Female	03:33.2	809	15
16	0:17:51	YOUNG, Kieran	Bristol & West AC	Junior Male	03:34.2	812	16
17	0:17:55	BISS, Neil	Yeovil Town Road Running Club	Senior Male	03:35.0	689	17
18	0:18:01	LASCELLES, Martin	Yeovil Town Road Running Club	Male Veteran 50	03:36.2	647	18
19	0:18:03	PAULL, Edward	Running Forever RC	Senior Male	03:36.6	833	19
20	0:18:05	GOC, Milan	Honiton Running Club	Senior Male	03:37.0	782	20
21	0:18:14	FLITNEY, Paul	Exeter Harriers	Senior Male	03:38.8	519	21
22	0:18:14	LOMAS, Rob		Senior Male	03:38.8	838	22
23	0:18:15	TRENT, Alan	Egdon Heath Harriers	Male Veteran 40	03:39.0	701	23
24	0:18:16	WOODHOUSE, Thomas	City of Salisbury AC	Senior Male	03:39.2	821	24
25	0:18:17	MOORE, Jenny	Wells City Harriers	Female Veteran 35	03:39.4	636	25
26	0:18:18	FARNWORTH, Andy		Senior Male	03:39.6	819	26
27	0:18:20	RICH, Jon	City of Salisbury AC	Senior Male	03:40.0	805	27
28	0:18:21	DUKES, Rick	Wells City Harriers	Male Veteran 40	03:40.2	645	28
29	0:18:25	SHEPHERD, Mark	City of Salisbury AC	Senior Male	03:41.0	828	29
30	0:18:30	POLLARD, Ian	Dorset Doodlers	Male Veteran 40	03:42.0	568	30
31	0:18:33	MORGAN, Nicola	Wells City Harriers	Senior Female	03:42.6	673	31
32	0:18:36	KEEFFE, Chris	Axe Valley Runners	Senior Male	03:43.2	544	32
33	0:18:41	WOODHOUSE, Edward	City of Salisbury AC	Junior Male	03:44.2	822	33
34	0:18:43	HAMILTON, Kristy	Bristol & West AC	Senior Female	03:44.6	808	34
35	0:18:47	ATTWELL, Tim	Mendip Athletic Club	Junior Male	03:45.4	543	35
36	0:18:50	MCARTHUR, Ross	Langport Runners	Senior Male	03:46.0	824	36
37	0:19:01	DANIELS, NICK	Chard	Senior Male	03:48.2	527	37
38	0:19:07	WHAITES, Phil	Yeovil Town Road Running Club	Male Veteran 40	03:49.4	710	38
39	0:19:09	ENGLAND, Phil	Maiden Newton Runners	Male Veteran 40	03:49.8	652	39
40	0:19:10	SCHNEIDERS, Dominic	Axe Valley Runners	Male Veteran 40	03:50.0	715	40
41	0:19:10	DAVEY, Paul	Honiton Running Club	Male Veteran 40	03:50.0	826	41
42	0:19:11	CARNELL, David	Crewkerne RC	Male Veteran 50	03:50.2	526	42
43	0:19:14	WHITCOMBE, Reuben	Wells City Harriers	Junior Male	03:50.8	623	43
44	0:19:18	STOKES, Tom	Frome RC	Male Veteran 40	03:51.6	806	44
45	0:19:19	GROVER, Jon	Yeovil Town Road Running Club	Senior Male	03:51.8	723	45
46	0:19:25	BROWN, Will		Male Veteran 40	03:53.0	612	46
47	0:19:28	BROOKS, Douglas	Egdon Heath Harriers	Male Veteran 40	03:53.6	557	47
48	0:19:30	HUMPHREYS, Ian	Mendip Athletic Club	Male Veteran 40	03:54.0	575	48
49	0:19:31	KING, Stephen	South West Road Runners	Male Veteran 40	03:54.2	813	49
50	0:19:32	DAVEY, Steve	Honiton RC	Male Veteran 40	03:54.4	705	50
51	0:19:33	FAULKNER, Lynda	Dorset Doodlers	Female Veteran 35	03:54.6	774	51
52	0:19:37	HARVEY, Sam	Yeovil Town Road Running Club	Senior Male	03:55.4	664	52
53	0:19:38	HARRIS, Richard	Honiton RC	Male Veteran 50	03:55.6	633	53
54	0:19:44	COLE, Matt	Wells City Harriers	Junior Male	03:56.8	831	54
55	0:19:45	ENTICOTT, Gary	Honiton RC	Senior Male	03:57.0	626	55
56	0:19:46	STARKIE, Georgina		Senior Female	03:57.2	714	56
57	0:19:48	BROWN, Mike	Wells City Harriers	Male Veteran 50	03:57.6	667	57

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
58	0:19:48	SELLARS, Jeremy		Male Veteran 50	03:57.6	662	58
59	0:19:50	CAVE, Richard		Male Veteran 40	03:58.0	583	59
60	0:19:51	LASCELLES, Lin	Yeovil Town Road Running Club	Female Veteran 45	03:58.2	646	60
61	0:19:53	TUBRIDY, Gary	Wells City Harriers	Male Veteran 50	03:58.6	717	61
62	0:19:53	MURRAY-GOURLAY, Alice	Yeovil Olympiads Athletic Club	Junior Female	03:58.6	750	62
63	0:19:53	FORSTER, Tony	Langport Runners	Male Veteran 50	03:58.6	585	63
64	0:19:58	ULYETT, Simon	Yeovil Town Road Running Club	Senior Male	03:59.6	693	64
65	0:20:00	ASHMEAD, Gareth	Yeovil Town Road Running Club	Male Veteran 40	04:00.0	834	65
66	0:20:01	JEWELL, Andrew	Bideford AAC	Male Veteran 50	04:00.2	807	66
67	0:20:04	ALLEN, John		Senior Male	04:00.8	764	67
68	0:20:06	WILTSHIRE, Simon	City of Salisbury AC	Senior Male	04:01.2	552	68
69	0:20:27	COLE, Geoff	Wells City Harriers	Senior Male	04:05.4	832	69
70	0:20:34	CAMPBELL, Colin	City of Salisbury AC	Male Veteran 50	04:06.8	533	70
71	0:20:35	WILLIAMS, Colin R	UK Net Runners	Male Veteran 60	04:07.0	502	71
72	0:20:47	WOODHOUSE, Paul	City of Salisbury AC	Male Veteran 50	04:09.4	820	72
73	0:20:53	DOWDING, Jeremy	Salisbury AC	Male Veteran 40	04:10.6	802	73
74	0:20:58	OAK, Ceri	Honiton RC	Female Veteran 35	04:11.6	619	74
75	0:21:04	PENFOLD, Rose	Mendip Athletic Club	Senior Female	04:12.8	815	75
76	0:21:07	HILL, Jim	Langport Runners	Male Veteran 60	04:13.4	532	76
77	0:21:08	WHITCOMBE, Rex	Wells City Harriers	Male Veteran 50	04:13.6	835	77
78	0:21:10	LOMAS, Steve	Salisbury AC	Male Veteran 50	04:14.0	792	78
79	0:21:24	ELLIS, Michelle	Exeter Harriers	Senior Female	04:16.8	804	79
80	0:21:28	DUNN, Thomas	Honiton RC	Junior Male	04:17.6	634	80
81	0:21:35	BURGESS, John	Honiton RC	Male Veteran 60	04:19.0	613	81
82	0:21:36	MORRIS, Alastair		Male Veteran 40	04:19.2	769	82
83	0:21:37	KING, James	Yeovil Town Road Running Club	Male Veteran 40	04:19.4	786	83
84	0:21:38	HIGGINSON, Rebecca	Exeter Harriers	Senior Female	04:19.6	512	84
85	0:21:42	DICKS, Brent	Honiton RC	Senior Male	04:20.4	620	85
86	0:21:56	WADE, Andrew	Wells City Harriers	Male Veteran 40	04:23.2	799	86
87	0:21:58	DARBY, Anne	Newton Abbot AC	Female Veteran 55	04:23.6	549	87
88	0:21:59	ASTON, Mandy	Frome RC	Female Veteran 45	04:23.8	728	88
89	0:22:00	WHEELER, Mandy		Female Veteran 35	04:24.0	754	89
90	0:22:07	WINDRAM, Andrew	Yeovil Town Road Running Club	Male Veteran 40	04:25.4	621	90
91	0:22:07	FROST, Jack	Yeovil Town Road Running Club	Senior Male	04:25.4	586	91
92	0:22:09	DAVEY, Judy	Honiton RC	Female Veteran 45	04:25.8	609	92
93	0:22:19	BOON, Malcolm	Running Forever RC	Senior Male	04:27.8	711	93
94	0:22:22	THOMAS, Hywell		Senior Male	04:28.4	839	94
95	0:22:36	MARTIN, Liz	Langport Runners	Female Veteran 45	04:31.2	718	95
96	0:22:42	BEVERIDGE, John	Wells City Harriers	Male Veteran 50	04:32.4	825	96
97	0:22:43	COWLEY, John	Dorset Doddlers	Male Veteran 50	04:32.6	659	97
98	0:22:55	BAWLER, Simon		Male Veteran 40	04:35.0	829	98
99	0:22:56	BYRNE, Terry	Gears & Tears.com	Male Veteran 50	04:35.2	541	99
100	0:22:58	MAXTED, Malcolm	Yeovil Town Road Running Club	Male Veteran 60	04:35.6	539	100
101	0:23:07	O'DONNELL, Darren		Senior Male	04:37.4	817	101
102	0:23:08	MOIR, Callum	Wells City Harriers	Junior Male	04:37.6	697	102
103	0:23:08	KINGHAM, Terry	Wells City Harriers	Male Veteran 60	04:37.6	765	103
104	0:23:10	EDWARDS, Megan	Dorchester AC	Junior Female	04:38.0	709	104
105	0:23:12	SCHNEIDERS, Rachel		Junior Female	04:38.4	788	105
106	0:23:16	WHAITES, Jo	Yeovil Town Road Running Club	Female Veteran 45	04:39.2	572	106
107	0:23:17	NICHOLLS, Alan	Honiton Running Club	Male Veteran 50	04:39.4	733	107
108	0:23:25	GIGG, Nicola	Honiton RC	Female Veteran 35	04:41.0	627	108
109	0:23:30	DERBRIDGE, Alison		Female Veteran 35	04:42.0	661	109
110	0:23:33	BARTLETT, Jo	Womens Running Network	Female Veteran 35	04:42.6	818	110
111	0:23:34	THOMAS, Paul		Male Veteran 40	04:42.8	747	111
112	0:23:44	BRADLEY-CARTER, Nick	Honiton Running Club	Male Veteran 50	04:44.8	706	112
113	0:23:50	ALLEN, Laura	City of Salisbury AC	Senior Female	04:46.0	550	113
114	0:24:13	WARREN, Rod	Honiton RC	Male Veteran 40	04:50.6	814	114
115	0:24:17	STACEY, Stuart	Crewkerne Running Club	Male Veteran 50	04:51.4	520	115
116	0:24:22	BROWN, Mike		Male Veteran 50	04:52.4	840	116
117	0:24:26	NESBITT, LESLEY	Yeovil Town Road Running Club	Female Veteran 55	04:53.2	738	117
118	0:24:32	COOMBER, Paul	Minehead	Male Veteran 40	04:54.4	643	118

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119	0:24:44	WADDICOR, Mark	South West Road Runners	Male Veteran 60	04:56.8	517	119
120	0:24:45	CLEMENTS, Sue	Salisbury Tri Club	Senior Female	04:57.0	803	120
121	0:24:58	HEXT, Tony	Yeovil Town Road Running Club	Male Veteran 60	04:59.6	755	121
122	0:25:33	HOURIGAN, Bernadette		Female Veteran 45	05:06.6	611	122
123	0:25:36	PARRIS, Craig		Senior Male	05:07.2	771	123
124	0:25:37	WORTHINGTON, Kate		Female Veteran 35	05:07.4	660	124
125	0:25:40	WILTSHIRE, Gordon	City of Salisbury AC	Male Veteran 60	05:08.0	551	125
126	0:25:41	MCLAUGHLIN, Eric	Langport Runners	Male Veteran 60	05:08.2	827	126
127	0:25:50	LONGMAN, Lizzie		Senior Female	05:10.0	843	127
128	0:26:04	KEEBLE, Debbie	Yeovil Town Road Running Club	Female Veteran 35	05:12.8	779	128
129	0:26:08	WHITEHEAD, Catherine		Female Veteran 35	05:13.6	785	129
130	0:26:30	WILLIS, Christine	Dorset Doodlers	Female Veteran 45	05:18.0	798	130
131	0:26:42	DUPLOCK, Michael	Chard Road Runners	Male Veteran 60	05:20.4	529	131
132	0:26:46	STENNER, Sue		Female Veteran 45	05:21.2	727	132
133	0:27:17	HARRISON, Jessica		Senior Female	05:27.4	722	133
134	0:27:19	BICK, Steve		Male Veteran 40	05:27.8	830	134
135	0:27:19	MOIR, David		Male Veteran 50	05:27.8	836	135
136	0:27:30	BROOKE, Flora	Yeovil Town Road Running Club	Female Veteran 55	05:30.0	648	136
137	0:27:36	PARR, Michael	Langport Runners	Male Veteran 60	05:31.2	545	137
138	0:27:49	MEEK, Rosie	Wells City Harriers	Senior Female	05:33.8	720	138
139	0:27:59	HAWKINS, Adam	Yeovil Town Road Running Club	Male Veteran 50	05:35.8	574	139
140	0:28:14	DWYER, Mike		Male Veteran 50	05:38.8	837	140
141	0:28:28	HALES, Valerie	Yeovil Town Road Running Club	Female Veteran 45	05:41.6	610	141
142	0:28:32	GERMAN, David	Langport Runners	Male Veteran 60	05:42.4	763	142
143	0:28:36	CORBETT, Phil		Senior Male	05:43.2	845	143
144	0:29:47	SMITH, Donna	Yeovil Town Road Running Club	Senior Female	05:57.4	844	144
145	0:30:02	BAKER, David	Crewkerne Running Club	Male Veteran 60	06:00.4	501	145
146	0:30:07	WILSON, Phil	Running Forever RC	Male Veteran 50	06:01.4	569	146
147	0:30:15	CAVE, Louise		Female Veteran 40	06:03.0	581	147
148	0:30:54	WINDRAM, Mandy		Female Veteran 35	06:10.8	618	148
149	0:31:14	HAWKINS, Corinne	Yeovil Town Road Running Club	Female Veteran 45	06:14.8	841	149
150	0:31:48	BROWN, Liz	Gillingham Trotters	Female Veteran 45	06:21.6	651	150
151	0:32:21	STEADMAN-LLOYD, Tanith	Yeovil Town Road Running Club	Senior Male	06:28.2	842	151
152	0:32:32	GIBBS, Jean	Somer AC	Female Veteran 45	06:30.4	637	152
153	0:34:38	SWINSON, Lee		Male Veteran 40	06:55.6	847	153
154	0:34:38	SWINSON, Martyn		Male Veteran 50	06:55.6	846	154
155	0:40:29	MOORE, Harry		Male Veteran 60	08:05.8	607	155

There were 155 finishers in the All Competitors category.