

**YEOVIL TOWN ROAD RUNNING CLUB and**  
**THE ROTARY CLUB OF SHERBORNE CASTLES**



**The SHERBORNE**  
**CASTLES 10KM**  
**14<sup>th</sup> March 2010 - 11.00am start**  
**2km Fun Run – 11.05 start**

Thank you for entering our race – we look forward to seeing you.

**VENUE** Sherborne Castle, Sherborne DT9 5NR

**THE CASTLE** is closed to the public on the day of the race. Refreshments will be available from the Castle's Tearooms.

**The Races are held with the kind permission of Mr Wingfield-Digby.** The entire course is on private Estate and over an agreed route and the Marshals' directions must be followed at all times.

**PARKING** on grass at Castle – please follow marshals' instructions; failure to do so could affect the future of the event at this venue.

**RACE NUMBERS are to be collected from Race HQ on morning of the race**

If you are unable to run, transfers of race numbers can be arranged – transferee should complete entry form and state the number to be transferred, with £2 admin fee payable

**COURSE** hilly multi-terrain course through the Sherborne Castle Estate

**DRINKS** one drink station, at approx 6km – water only

**MEMENTO** to be collected at finish.

**PRIZES** Usual categories (one prize per person)

**RESULTS** Will be published on Club website [www.yeviltownrrc.com](http://www.yeviltownrrc.com) and [www.runnersweb.co.uk](http://www.runnersweb.co.uk) Full results can be provided on payment of 50p to cover postage at the desk.

**CHANGING** very limited, there are no showers available. No secure kit storage.

First Aid personnel will be in attendance and marshals will have mobile phone link.

Please do not drop rubbish, gel packs etc around the course – hand any items to the marshals, who are stationed at regular intervals around the course; please also take the opportunity to thank the marshals as you run past – without their help, the event cannot take place!

There are no open roads during the course of the event but if you do use a MP3 player, please be aware of other runners around you during the race.

Enjoy the event? Please let us have some feedback after the race – to Club Secretary at [martinchaffey@hotmail.co.uk](mailto:martinchaffey@hotmail.co.uk) or Runners World website

<http://www.runnersworld.co.uk/events/viewevent.asp?sp=&v=2&EN=47864> – we appreciate all comments.

**All proceeds** of the races are being donated to local charities through the Rotary Club of Sherborne Castles. If you have any queries regarding the race contact **Martin on (07929) 054 576 or Sian on (0777) 1993597**