

## **Parrett Trail – Saturday 16<sup>th</sup> October**

**The details are now out for the revised Parrett Trail legs – there have been changes to the official Trail and this means that Legs 1-3 all different to previous years, and there is a different changeover point for legs 4&5 to give better parking. What this means, of course, is that you will all need to recce!**

**I am sending out e-mails to those who are in the teams on individual legs so that you can all contact each other & make arrangements directly.**

**We have 6 teams & several back up runners – if you cannot run for any reason, please let me know as soon as possible.**

### **Leg 1:**

**Stear to Dunball Wharf (West Bank N of Chilton Trinity)**

**9.1miles**

**Register from: 9:05**

**Start: 9:35 Cut off time: 11:20 (1:45 hours)**

**Leg 2**

**Dunball Wharf (West Bank N of Chilton Trinity) to Boat and Anchor Pub (Huntsworth) 5.6 miles**

**Register from 10:00**

**Start 10:30 Cut off time: 11:30 (1h )**

**Leg 3.**

**Boat and Anchor Pub (Huntsworth) to Oath Lock 7.7 miles  
(also maybe checkpoint on route)**

**Register from 10:30**

**Start 11:00 Cut off time: 12:30 (1h 30m)**

**Leg 4**

**Oath lock to Kingsbury Episcopi 7.7 miles**

**Register from 11:15**

**Start: 11:45 Cut off time 13:15 (1h 30)**

**Leg 5**

**Kingsbury Episcopi to Lower Stratton (Wigborough) 9.5m miles**

Register from 12:00

**Start: 12:30**                      **Cut off time: 14:15 (1h 45)**

Leg 6

**Lower Stratton (Wigborough) to Winyards Gap 8.6 miles**

**Register from 12:50**

**Start: 13:20** **Cut off time: 15:05 (1 h 45)**