

# MILBORNE 10 ROAD RACE

## [9.79 MILES]

Minimum age limit 17yrs

Organised under UK Athletics Rules. Licence No. 2012-102953  
Certificate of Course Accuracy SEAA 05/064

**SUNDAY 8<sup>th</sup> JANUARY 2012**

10.30am Start at Milborne St Andrew Village Hall

Registration open in Village Hall from 8.30am - 10.15am

Car parking [please use designated car park] Hilly Course, Limited changing facilities in Village Hall, Free Refreshments, Chocolate Bar & Memento to all finishers, Basic Level 1 Medical Cover.

**PRIZES:** 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> MAN                      1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Lady  
M17-39, MV40-49, MV 50-59, MV 60+      F17-34, FV35-44, FV 45-54,  
FV55+

First Men's Team [4 to score]      First Ladies Team [3 to score]  
1<sup>st</sup> finisher from the Parish of Milborne St Andrew      Course Record  
[ currently 52.06]

**Only one prize awarded per winner [ Team prizes /Course Record/  
Milborne Finisher exempt]**

**FEES:** Affiliated Club Runners £6.00 [£7.00 on day]  
Non-Affiliated Runners £8.00 [£9.00 on day]

ALL Pre-booked entries must collect their number on the day

**Numbers not transferable, no refunds given**

**Course unsuitable for wheelchairs. Strictly no dogs, buggies or cyclists  
to accompany runners.**

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Please complete the form and send with fees and SAE to J Mills, 4 Middleton Row, Milton Abbas,  
Blandford , Dorset DT11 0AT

I wish to run in the Milborne Ten Road Race on Sunday 8th January 2012. **Closing date for postal entries  
01/01/12**

**PLEASE PRINT**

Forename.....Surname.....  
.....

Address.....  
.....

.....Postcode.....  
.....

Home phone No..... E Mail.....

Male/Female.....D.O.B.....Age on the day of  
Race.....

UKA Affiliated Club.....

I enclose cheque/cash £.....payable to 'Milborne 10'

I agree that the organisers will in no way be held responsible for any injury [including fatal injury], illness,  
accident to my person or loss of my property as a result of participation in this event. I will abide by the  
rules governing this event. I understand that the organisers' decision is final.

Signature.....Date..... Parent/Guardian to  
sign if under 18 yrs old.