

YEOVIL TOWN ROAD RUNNING CLUB

CHAMPIONSHIP RULES

(Men's champion, ladies' champion, points king, points queen, individual distance champions)

PROVISIONAL - SUBJECT TO FINAL AGREEMENT AND APPROVAL.

General rules:

The Yeovil Town Road Running Club (the club or YTRRC) championship will run from 1st January to 31st October each year with final presentations made at the Club's annual dinner and presentation evening.

Only paid up members of YTRRC shall be eligible to take part in the club championship.

Second claim YTRRC members must take part as YTRRC in any event they wish to have included in their championship standing. If they compete under the banner of any other club their result in that event will not be included.

Membership subscriptions are due on 1st May each year. Members who have not renewed their membership (by paying their subscription for that year) by 30th June will not be eligible to take part in the club championship for that year and will not be awarded points in the championship races or be eligible for any award in the individual distance championships (see below).

Championship points:

To open up the club championship and to involve and encourage as many club members as possible to participate in competitive running the club championship will consist of sixteen rounds of competition between the 1st January to 31st October each year.

Each member shall be awarded points for one event only (their counting event) in each round of the championship. They will be awarded points in the earliest event in which they participate in each round or a later event if their points score in that event is greater. If they have identical points in more than one event in each round the earlier event will be included unless they notify the results secretary within three days of the final event in the round after which time the results secretary will close that round.

Points will be awarded 50 to the first YTRRC man and first YTRRC lady in each counting event, 49 to the second YTRRC man and second YTRRC lady in each event and so on down to 1 point for the fiftieth YTRRC man and YTRRC lady in each event.

Members may also gain championship points by assisting or marshalling (helper points) at the six YTRRC hosted events. Those events are: The Inca Trail, The Great Western, The Easter Bunny, Ninesprings, King Alfred's Torment and any two of the Yeovilton 5k race series races (two of the six 5k races count as one event).

Helper points will be awarded 10 points one event, 20 for a second event (that is 30 points in total), 30 points for a third event (60 points total), 40 points for a fourth event (100 points total), 50 points for a fifth event (150 points total) and 60 point for all six events (210 points total).

In previous years second claim club members have not been eligible to participate in the club championship. Second claim members will now be eligible for the championship but in the races they wish to count towards their championship (or points king or queen) totals they must enter the

event as Yeovil Town RRC rather than their first claim club and wear the Yeovil Town RRC colours. Where any club member does not enter an event as “Yeovil Town RRC” they will not be awarded points for that event. Any club member participating in an event as a Yeovil Town RRC member but not wearing the official club colours (vest, t-shirt or long sleeved t-shirt) may have points for that event deducted from their championship (or points king or queen) totals - points deduction for a first event and increasing by points for subsequent events (i.e. points for the second offence and so on) up to a maximum of the points awarded for that race. Notwithstanding any deduction made the points awarded to other club members in the event shall remain unaltered. Points deductions may be reduced by the committee on appeal by the member the decision of the committee being final. As examples, a reasonable excuse acceptable to the committee may be that a new member may not have received their vest. Forgetting to take the vest to the event may not be accepted other than in exceptional circumstances.

Championship competitions:

The club champions – man and lady – shall be decided by selecting their highest eight scoring rounds of the sixteen rounds of the championship. In the event of a tie the helper points will be added to the running points to determine the winner. If this also produces a tie the tied competitors shall agree upon a decider race and if they cannot agree a race shall be nominated by the committee.

The points king and points queen competitions shall be decided by totalling the running points for the sixteen rounds of the championship. In the event of a tie the helper points will be added to the running points to determine the winner. If this also produces a tie the tied competitors shall agree upon a decider race and if they cannot agree a race shall be nominated by the committee.

The club **distance champions** will be decided in nominated events at the 5k, 10k, 10 miles, and half marathon distances and cross country.

For each event the club will acknowledge age categorised champions as follows:

Male: Senior (17-39 inclusive), Veteran 40-49, Veteran 50-59, Veteran 60+
Female: Senior (17-34 inclusive), Veteran 35-44, Veteran 45-54, Veteran 55+

There will also be an award for the best age graded results in the selected races where these results are available.

The distance champion races will be selected by the club committee from those included in the sixteen rounds of the club championship.

Championship events

The committee will announce the events to be included in each of the championship rounds (usually, but not necessarily, from three to five events in each round) at least one month prior to the commencement date of that round with the exception of round one which will be announced as soon as possible after the annual dinner and presentation evening held in the previous December.

Inclusion in the club calendar on the website as a championship race will be deemed to be valid announcement of the events to be included in the championship and of the distance champion events. Where events are included in the club calendar as provisional they will either have their status changed to confirmed at least 30 days prior to the date of the first event in that round of the championship or if not changed to confirmed be deemed to have been confirmed on that date (i.e. 30 days prior to the first event in that round of the championship). The committee will take all

reasonable steps to announce the provisional championship race programme and confirm events at the earliest date possible and practical. Obviously events and dates cannot be confirmed until formally announced by the event organiser(s) which in some cases is a matter of only a few weeks prior to the event.

Club hats:

The club recognises individual member's achievements by awarding hats.

To qualify for a hat the member must be a fully paid up member of the club on 31st May in the year in which they are claiming, take part in each event as a YTRRC runner and wear the club colours in the event (subject to dispensation to be obtained from the committee in exceptional circumstances – forgetting the vest will not be a valid reason)

The **real runner hat** will awarded to members taking part in their first competitive event.

The **mini slam hat** will be awarded to club members completing an event in any year (year means the period from the annual dinner and presentation evening to 15 November in the following year) in each of the following distances: 5k, 5 miles, 10k, 10 miles and half marathon (13 miles 192 yards).

The **grand slam hat** will be awarded to members completing an event in any year (year means the period from the annual dinner and presentation evening to 15 November in the following year) in each of the following distances: 5k, 10k, 10 miles, half marathon (13 miles 192 yards) and marathon (26 miles 385 yards).

The **super slam hat** will be awarded to members completing an event in any year (year means the period from the annual dinner and presentation evening to 15 November in the following year) in each of the following distances: 5k, 10k, 10 miles, half marathon (13 miles 192 yards), marathon (26 miles 385 yards) and ultra-marathon (31.25 miles (50K) or further).

In all cases it is the **responsibility of the individual to claim** their hat by notifying the results secretary with details of the events they have completed by 15 November following the conclusion of the final round of the club championship (any tie break race excepted) for that year.