

YEOVIL TOWN RRC COMMITTEE MEETING 6th April 2011

1. Apologies: Donna Smith, Paul McNeil, Tim Hawkins, Lee Holloway, Terry Byre, Jon Rowe, Tina Cullen

Present: Lisa Gunning, Nigel Moysey, Pete Jakeman, Nick Brooke, Phil McQuaid, Matt Driver, Deb Stanfield, Katie Pearce, Sally Walford & Paul Walford, Martin Chaffey, Mike Shead & Karen Shead, Deb Neal

2. MOLM – Agreed

3. Leadership in Running Course – Nick Brooke, Pete Jakeman, Tim Hawkins & Jon Rowe attended.

- Mainly for coaching beginners & new runners, not for more experienced runners, Training Sessions designed around the information, able to do ourselves.
- Warming up - Warm up & drills always completed on Friday Night Speed Sessions. Down to each runner on a Tuesday or Thursday evening to ensure they warm up slowly and don't go off to quick.
- Encourage Leading from the back as well as the front.
- UK Athletics say they do not cover us if a Run Leader has not been on the "Leadership in Running Fitness" course – need to check the Insurance Policy Booklet.
- Specific Insurance & General Insurance – Martin emailing John Templeton.
- UKA – Focus is on Track & not Road Running. Course not tailored enough to Road Runners.

Generally feel the Courses are not money well spent for the club. Too many members to send on a course that is not beneficial to us, will there be maximum numbers of Runners for a Run Leader in the future, are we just giving money to UKA/England Athletics for nothing in return?

ARC has written to us again suggesting we affiliate with them instead of England Athletics. ARC Insurance may cover us for Run Leaders who have not attended courses, Deb Stanfield to look into in more detail & report back. If the Insurance will cover us then we will affiliate to both.

4. Club Races: New Marshalls need to incorporate & use them. Marshall Board, Pete to bring on Wednesday & email an electronic copy Martin. Martin asking for number of marshals' required from Pete. Volunteers' so far Jo Whaites, Judith, Mike Shead & Theresa Moysey

5km Series – 13th April 2011. Notes for marshals' - the wheel chairs swing wide on first turning – chat with Dave Cooke on Wednesday. 2 chard runners run with a buggy around the 5km, no problems at previous races as they start at the rear. Pete has completed & issued new risk assessment. Additional Marshalls/signage required on A303 exit slip road and between the Podimore Inn & Main Gate at the double bend. Phil to pull out the big Running Imp yellow signs, Martin to help Pete set the course & Police & Parish Councils notified but no response received.

Easter Bunny – 25th April incorporates Somerset road champs – tick box to enter on computer. 160 entries so far but difficult to load on the computer as an error message appears, save to memory stick as well. Asked if a one hour pace setter available? Car parker's required from 8.30 am. Ok for buggies on the 10km course, toilets for Bunny being delivered Thursday 21st April. 400 Easter Eggs ordered from Paul Price, Thornton's Eggs for Prize Categories ordered.

Martin to check Deb & Chris Hurrell ok to do the Refreshments for 5km series & Easter Bunny and ordering Refreshments from Paul Price.

Ninesprings – 12th June 2011. 9km & 4.5 km Mike & Karen Shead sponsoring, 4.5 still showing the corporate challenge which needs to be removed. Phil has redone the entry form & sending to Nigel. 11am start for both races. 2km fun run to start at 11:05am. Memento to all finishers, Martin has ordered 3 sets of numbers.

Trophies 9km: 1st, 2nd & 3rd Male & Female

1st Junior Male & Junior Female

1st Male Vet 40, Male Vet 50 & Male Vet 60

1st Female Vet 35, Female Vet 45 & Female Vet 55

Trophies 4.5km: 1st Male & Female, 1st Junior Male & Junior Female

Fun Run: 1st, 2nd, 3rd Boy & Girl - Sweets/chocolates as prizes.

Great Western – Lisa & Martin meeting with Russ for Race de brief. About 15/20 feedback forms received, quite positive. 4 Large T-shirts left, Lisa to have one as Race Director.

Santa Run – 12th April cheque presentation, photo call in Club Vests at Hospice, Pete organising a big cheque for the photo shoot. Mike Shead's family are happy to marshal the next Santa Run in December.

5. Club Diary –

Tuesday 12th April – Goldenstones, in Club kit, Santa Run cheque presentation en route.

Thurs 07/04/11 – South Petherton, Brewers, Mark Wills

Thurs 14/04/11 - Bell, Ash, PM

Thurs 21/04/11 – Evercreech, Natterjack, Terry Byrne

Thurs 28/04/11 – Over Compton, Pub TBC, PM

Thurs 05/05/11 – Chinnock, Portman Arms, PM & NM

Thurs 12/05/11 – Kingsbury, Deb Neal

Thurs 19/05/11 – Marston Inn, Marston Magna, PM

Thurs 26/05/11 – Compton, Deb Neal

Thurs 02/06/11 – Manor Arms, North Perrott, BMR

Thurs 09/06/11 – Gainsborough Arms, Milborne Port, Matt Driver

6. Wessex Ridgeway Relay

Wessex Ridgeway - 22nd May 2011. Matt coordinating, Phil, Kat Jones, Nick, Rod & Paul Rose had already put their names forward, Mark Wills & Martin Chaffey additional runners but more required. Aim for 2 teams of similar ability to compete against each other. Matt encouraging more runners, closing date to enter 14th April, need idea of numbers to enter the Teams.

7. Advertising Banners - Agreed Silver Advertising £695 for 3 years at Yeovil Athletics Arena. Pete is checking if we can get any cheaper before placing order. Still looking for storage space, space at the track still an option, Phil to speak to Kevin reference self storage, still looking for a Trailer for the club.

8. AGM date – Tuesday 10th May 2011 after Informal Chairman's Handicap

Current Incumbents:

Chairman – Nick Brooke
Treasurer – Pete Jakeman
Secretary – Martin Chaffey
Club Captain – Tim Hawkins
Newsletter / Kit – Matt Driver
Social Secretary – Annie Ashmead
Marketing /PR – Sian Brammer
Health & Safety – Phil MacQuaid
Webmaster – Nigel Moysey

Secretary Role - Deb Stanfield has offered to take on part of this, Minutes for Meetings.
Lee Holloway, Donna Smith, Paul McNeill, Katie Pearce all volunteered to be part of the Committee at last AGM.

Lisa Gunning, Lee Holloway, Terry Byre, Sally Walford, Paul Walford & Deb Neal attending & involved in meetings and Committee since AGM.

Proposed Committee Positions & Volunteers:

Chairman – Nick Brooke
Treasurer – Pete Jakeman
Secretary – Deb Stanfield
Membership Secretary – Deb Neal
Club Captain or Ladies & Men's Captains –
Newsletter – Matt Driver
Club Kit – Paul Walford
Social Secretary – Annie Ashmead?
Marketing /PR/Press Releases –
Health & Safety – Phil MacQuaid?
Welfare Officers, 1 Male & 1 Female -
Webmaster – Nigel Moysey
H5 Hash Coordinator – Martin Chaffey

9. AOB

Race for Life – 19th June 2011, Race to start at 10.00am, time moved forward to save congestion at the Estate Gate, no charge to anyone entering before 11.00am. Volunteers/Marshalls are requested to add their details to the Race for Life Website.

Printing costs – Printing to be carried out by PM as fewer forms now required, PM to be reimbursed for Paper & Printer Cartridges.

Club London Marathon Places – Sue Fox & Malcolm Maxted taking part. Debbie & Graham Keeble passed their places onto the 2 reserves, Lesley Nesbitt & Simon Rowbottom. Both also recently injured, both have been deferred until next year. Advice & Guidance on Marathon Running requested – look at a low key social question/answer evening.

Club Championship Points for Marshalling – Points need to be claimed Nigel doesn't have the time to find out the information. Marshals' to advise the Race Director to include them for marshalling points at their event. Race Director to email the names of marshals' to Nigel after their Race has been completed.

Chris Burton – Letter requested from the Club to verify that he ran the Yeovil Half in Fancy Dress & time, MC to write letter. Letter also requested from Steve Elliott & Luke Simon for the Guinness Book of Records entry.

A Right Royal Romp – Deb Neal has organised a 14 mile route, 3 Royal Pubs and food stop later. Friday 29th April 10.30am from Yeovil Football Club,

Run for Japan 22/03/11 - 346 miles and a donation collected of about £110, made up to £150 by the Club and Pete made the online payment.

Membership Form – Second Claim Members £15.00 for first year to include Club Vest, then £10.00 a year afterwards. Form to be revamped to track club kit & ensure new members receive their Club Vests.

SEAA Affiliation - Due on 1st April £10, need to affiliate in order for members to compete at the Nationals. Form to complete with updated details for Secretary and Treasurer, agree to Affiliate as usual but will wait to complete forms until after AGM.

Somerset County Athletic Association – next meeting 14th April, Brian Mountjoy Row & Deb Stanfield attending.

Questions to ask at meeting:

Flying Coach?

Run Leadership & Fitness Course not designed for Road Runners – any Road Running specific courses to become available or planned?

Fees paid for Affiliation & Races – but no money available from Run Britain – Race Clock an example.

Courses – can we claim any money back?

10. Next meeting - Wednesday May 4th 2011.

11. Pay Tab - Meeting finished at 8.50pm